




Virtual Programming: September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>WE THRIVE TOGETHER www.WeThriveTogether.org</p>		<p>9 - Exercise Class 1 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Kanab Heritage House 2 - Line Dancing w/Alyssa 6 - Fun Night: Charades</p>	<p>9 - Exercise Class 2 10 - Body Movin' Basics w/Liz 11 - Deal or No Deal 11 - Get Smart: Ask the Expert 12 - Trivia (General) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 3 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Your Brand)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Art Class w/Steve 2 - Line Dancing w/Steve</p>
<p>Labor Day No Programming 6</p>	<p>9 - Chair Tap Dancing w/Melissa 7 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (80s) 1 - Let's Make A Deal 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 8 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Frontier HomeStead State Park Museum 2 - Line Dancing w/Alyssa 6 - Share Your Story (Athlete Leaders)</p>	<p>9 - Exercise Class 9 10 - Body Movin' Basics w/Liz 11 - Who Wants To Be a Millionaire 11 - Get Smart: Ask the Expert 12 - Trivia (General) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 10 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Goals)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Virtual Trip: Florida Capital Mus. 2 - TikTok Dancing Sat, Sept 11 - Game Night 6-8 PM</p>
<p>9 - Exercise Class 13 10 - Chair Exercises Class 11 - Wheel of Fortune 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 14 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (General/Harry Potter) 1 - Deal or No Deal 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 15 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Lowe Art Museum 2 - Line Dancing w/Alyssa 6 - Fun Night: Cardio Drumming</p>	<p>9 - Exercise Class 16 10 - Body Movin' Basics w/Liz 11 - Boggle 11 - Get Smart: Ask the Expert 12 - Trivia (2000s) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 17 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Decisions)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Art Class w/Steve 2 - Line Dancing w/Steve</p>
<p>9 - Exercise Class 20 10 - Chair Exercises Class 11 - Family Feud 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation w/ Jessica Romeo</p>	<p>9 - Chair Tap Dancing w/Melissa 21 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (Disney) 1 - The Price is Right 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 22 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Missoula Soke Jumper Base Museum 2 - Line Dancing w/Alyssa 6 - Share Your Story (Best Buddies)</p>	<p>9 - Exercise Class 23 10 - Body Movin' Basics w/Liz 11 - Left, Right, Center 11 - Get Smart: Ask the Expert 12 - Trivia (General) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 24 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Great Teams)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Virtual Trip: Newport Restoration Foundation 2 - TikTok Dancing</p>
<p>9 - Exercise Class 27 10 - Chair Exercises Class 11 - Jeopardy 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation w/ Jessica Romeo</p>	<p>9 - Exercise Class 28 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (General) 1 - \$100,000 Pyramid 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 29 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Chazen Museum of Art 2 - Line Dancing w/Alyssa 6 - Fun Night: Family Feud</p>	<p>9 - Exercise Class 30 10 - Body Movin' Basics w/Liz 11 - Taboo 11 - Get Smart: Ask the Expert 12 - Trivia (90s) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	


Virtual Programming: October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p>WE THRIVE TOGETHER www.WeThriveTogether.org</p>			9 - Exercise Class 1 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership/Advocacy Think Tank & Discussion (Conflict Management) 1 - Art Class w/Steve 2 - Line Dancing w/Steve
9 - Exercise Class 4 10 - Chair Exercises Class 11 - Wheel of Fortune 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Food Safety w/Jessica Romeo	9 - Chair Dance w/Melissa 5 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (2000s / Harry Potter) 1 - Hollywood Squares 2 - Strength & Flexibility Exercise Class	9 - Exercise Class 6 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Willoughby Little School House 2 - Line Dancing w/Alyssa 6 - Fun Night: Charades	9 - Exercise Class 7 10 - Body Movin' Basics w/Liz 11 - Deal or No Deal 12 - Trivia (General) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class	9 - Exercise Class 8 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership/Advocacy Think Tank & Discussion (Ethics) 1 - Virtual Trip: Institute of Miami Contemporary Art Museum 2 - TikTok Dancing
9 - Exercise Class 11 10 - Chair Exercises Class 11 - Boggle 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Meal Prep and Cooking Tips w/Jessica Romeo	9 - Exercise Class 12 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (General) 1 - Let's Make a Deal 2 - Strength & Flexibility Exercise Class	9 - Exercise Class 13 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Willoughby Ghost Walk 2 - Line Dancing w/Alyssa 6 - Share Your Story (Athlete Leaders)	9 - Exercise Class 14 10 - Body Movin' Basics w/Liz 11 - \$100,000 Pyramid 12 - Trivia (Disney) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class	9 - Exercise Class 15 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership/Advocacy Think Tank & Discussion (Mentoring) 1 - Art Class w/Steve 2 - Line Dancing w/Steve Sat, Oct 16 - Speed Friends 6-8
9 - Exercise Class 18 10 - Chair Exercises Class 11 - Family Feud 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Food Additives w/Jessica Romeo	9 - Chair Dance w/Melissa 19 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (90s) 1 - The Price is Right 2 - Strength & Flexibility Exercise Class	9 - Exercise Class 20 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Patterson Fruit Farm 2 - Line Dancing w/Alyssa 6 - Fun Night: Cardio Drumming	9 - Exercise Class 21 10 - Body Movin' Basics w/Liz 11 - Taboo 12 - Trivia (General) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class	9 - Exercise Class 22 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership/Advocacy Think Tank & Discussion (Diversity) 1 - Virtual Trip: Greenfield Village (MI) 2 - TikTok Dancing 5-7 - Taste of Ohio
9 - Exercise Class 25 10 - Chair Exercises Class 11 - Jeopardy 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Tools for Getting and Staying Active w/Jessica Romeo	9 - Exercise Class 26 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (80s) 1 - Who Want's To Be A Millionaire 2 - Strength & Flexibility Exercise Class	9 - Exercise Class 27 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Zanesville Art Museum 2 - Line Dancing w/Alyssa 6 - Share Your Story (Best Buddies)	9 - Exercise Class 28 10 - Body Movin' Basics w/Liz 11 - Left, Right, Center 12 - Trivia (Halloween) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class w/Steve	9 - Exercise Class 29 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership/Advocacy Think Tank & Discussion (Well-being) 1 - Halloween Party

Virtual Programming: November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9 - Exercise Class 1 10 - Chair Exercises Class 11 - Wheel Of Fortune 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 2 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (General) 1 - Minute to Win It 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 3 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Orlando Fire Museum 2 - Line Dancing w/Alyssa 6 - Fun Night: Charades</p>	<p>9 - Exercise Class 4 10 - Body Movin' Basics w/Liz 11 - The Price Is Right 12 - Trivia (80s) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 5 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Critical Thinking)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Art Class w/Steve 2 - Line Dancing w/Steve</p>
<p>9 - Exercise Class 8 10 - Chair Exercises Class 11 - Boggle 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 9 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (General/Harry Potter) 1 - Who Wants to be a Millionaire 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 10 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Massillion Museum 2 - Line Dancing w/Alyssa 6 - Share Your Story (Athlete Leaders)</p>	<p>Veterans Day 11 9 - Exercise Class 10 - Body Movin' Basics w/Liz 11 - Left, Right, Center 12 - Trivia (General) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 12 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Motivation)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Virtual Trip: The Bass Museum 2 - TikTok Dancing</p>
<p>9 - Exercise Class 15 10 - Chair Exercises Class 11 - Family Feud 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 16 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (2000s) 1 - Deal or No Deal 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 17 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Woodson Art Museum 2 - Line Dancing w/Alyssa 6 - Fun Night: Cardio Drumming</p>	<p>9 - Exercise Class 18 10 - Body Movin' Basics w/Liz 11 - Let's Make a Deal 12 - Trivia (90s) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 19 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Trust)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Thanksgiving Party</p>
<p>9 - Exercise Class 22 10 - Chair Exercises Class 11 - Taboo 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Leadership Summit 23 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 24 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Wycliffe Discovery Center 2 - Line Dancing w/Alyssa 6 - Share Your Story (Best Buddies)</p>	<p>Thanksgiving Day 25 No Programming</p>	<p>Black Friday 26 No Programming</p>
<p>9 - Exercise Class 29 10 - Chair Exercises Class 11 - Jeopardy 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 30 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (Disney) 1 - Hollywood Squares 2 - Strength & Flexibility Exercise Class</p>	 <p style="margin: 0;">WE THRIVE TOGETHER <small>www.WeThriveTogether.org</small></p>		

Virtual Programming: December 2021

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>WE THRIVE TOGETHER www.WeThriveTogether.org</p>		<p>9 - Exercise Class 1 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip: Thurber House 2 - Line Dancing w/Alyssa 6 - Fun Night: Charades</p>	<p>9 - Exercise Class 2 10 - Body Movin' Basics w/Liz 11 - \$100,000 Pyramid 12 - Trivia (Harry Potter/90s) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 3 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Gratitude)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Art Class w/Steve 2 - Line Dancing w/Steve Sat, Dec 4 - Speed Friends 6-8</p>
<p>9 - Exercise Class 6 10 - Chair Exercises Class 11 - Wheel Of Fortune 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 7 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (General) 1 - 25 Words or Less 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 8 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip 2 - Line Dancing w/Alyssa 6 - Share Your Story (Athlete Leaders)</p>	<p>9 - Exercise Class 9 10 - Body Movin' Basics w/Liz 11 - Taboo 12 - Trivia (Disney) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 10 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Recognition)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Art Class w/Steve 2 - TikTok Dancing</p>
<p>9 - Exercise Class 13 10 - Chair Exercises Class 11 - Jeopardy 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 14 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (2000s) 1 - Let's Make a Deal 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 15 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip 2 - Line Dancing w/Alyssa 6 - Fun Night: Cardio Drumming</p>	<p>9 - Exercise Class 16 10 - Body Movin' Basics w/Liz 11 - Who Wants to be a Millionaire 12 - Trivia (General) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>9 - Exercise Class 17 10 - Chair Exercises w/Mona 11 - Name That Tune 12 - Leadership Think Tank <small>(Creating Safe and Inclusive Environments)</small> 12 - Superhero Social Hour* <small>(Caregivers)</small> 1 - Holiday Party</p>
<p>9 - Exercise Class 20 10 - Chair Exercises Class 11 - Family Feud 12 - Music Bingo 1 - Let's Play Cards: Crazy 8s 2 - Get Smart: Presentation</p>	<p>9 - Exercise Class 21 10 - Exercise Class w/Steve 11 - Pictionary 12 - Trivia (80s) 1 - The Price Is Right 2 - Strength & Flexibility Exercise Class</p>	<p>9 - Exercise Class 22 10 - Chair Exercises w/Mona 11 - Self Advocacy w/OSDA 12 - Music Bingo 1 - Virtual Trip 2 - Line Dancing w/Alyssa 6 - Share Your Story (Best Buddies)</p>	<p>9 - Exercise Class 23 10 - Body Movin' Basics w/Liz 11 - Minute To Win It 12 - Trivia (Holiday) 1 - Let's Get Crafty (Craft Class) 2 - Balance & Fall Prevention Exercise Class</p>	<p>Christmas Eve No Programming 24</p>
<p>No Programming 27</p>	<p>No Programming 28</p>	<p>No Programming 29</p>	<p>No Programming 30</p>	<p>No Programming 31</p>